



City of San Mateo  
Department of Parks and Recreation  
San Mateo Senior Center  
650-522-7490

## **ATTENTION—VERY IMPORTANT NEWS**

**Starting Wednesday, December 1,  
we will be changing the way we operate the  
Grab and Go Lunch Program Distribution.**

**San Mateo Senior Center Monday—Wednesday—Friday 12:00-12:30pm**

Patrons will park their cars and enter the Center through the back of the Center. At this time you will pay the fee, pick up your lunch and then choose to eat your lunch in the Assembly Room or take your lunch home as usual. Only the Assembly Room will be open. No casual seating in the lobby. **Picking up your lunch at the front of the building from your car will no longer be an option.**

**King Community Center Tuesday—Thursday 12:00-12:30pm**

Patrons will park their cars and enter the Center through the lobby and proceed to the Assembly Room. At this time you may pay the donation, pick up your lunch and then choose to eat your lunch in the Assembly Room or take your lunch home as usual. **Picking up your lunch at the front of the building from your car will no longer be an option.**

Masks will still be required until you begin eating your meal. Chairs must remain six feet apart in the dining room. Water and plastic silverware will be available if needed. The dining room will remain open from 12:00-12:45pm.

Any questions, please call us at 650-522-7490.

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

CITY OF RESIDENCE: \_\_\_\_\_

**City of San Mateo  
Department of Parks and Recreation Senior Services**

# December 2021

Circle the days you would like to pick up at this location, fill in your name and phone number and return it to the Senior Services staff at the Grab and Go Site.

If you wish to contact us about placing your reservation or if you wish to cancel a reservation, please call 650-522-7490.

*Meals are subject to change.*

\$4.00 suggested donation

King Community Center - GRAB and GO 725 Monte Diablo, San Mateo, CA 94401

<u>TUESDAY</u>	<u>THURSDAY</u>
-	<u>2</u>
	Oven Roast Chicken Quarter, Garlic Mashed Potatoes, Broccoli & Carrots, Fruit, Salad, Dinner Roll
<u>7</u>	<u>9</u>
Ground Beef Lasagna, Green Salad, Brussel Sprouts, Garlic Bread & Fruit	Chicken Marsala over Angel Hair Pasta, Garden Salad, Broccoli & Carrots, Fruit & Dinner Roll
<u>14</u>	<u>16</u>
Lemon Herb English Whiting Fish Filet with Brown Rice, Napa Cabbage & Bell Peppers, Dinner Roll, Fruit & Salad	Turkey Meatloaf, Scalloped Potatoes, Peas and Corn, with a Spinach Salad, Biscuit & Fruit.
<u>21</u>	<u>23</u>
Beef Enchiladas, Spanish Rice, Pinto Beans, Cabbage, Tomato & Bell Pepper Salad, Salsa & Fruit	Honey Baked Ham, Polenta, Corn & Peas, Salad, Dinner Roll & Fruit
<u>28</u>	<u>30</u>
Penne Marinara & Veal Meatballs, Garden Salad, Garlic Bread & Fruit	Chicken Provolone Bake with Alfredo Sauce, Whole Wheat Penne Pasta, Green Beans, Salad, Dinner Roll & Fruit